



100KM INFORMATION

2025



GARMIN



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READ ME FIRST – IMPORTANT!

Throughout this document, you'll notice **random animals**  hidden among the text. Their purpose? To make sure you've read everything carefully.

This document serves as the **final race briefing**, and it's essential for your **safety** and for our **peace of mind** that you're fully prepared and informed.

👉 **Your task:** As you read, keep track of every animal you find, note both the **number** and **types** of animals, including contents page.

When you've finished, **email us** with your answer to confirm you've completed the briefing:

✉ info@trailsplus.com.au

Our **number one priority is safety**, and that's a shared responsibility. Please communicate with your crew and fellow runners, and follow the trail-running ethos of **looking out for each other**. 🐼

With staggered starts, faster runners will naturally move through the field, ideally only catching earlier starters in **Leg 4**. If you find yourself passing people sooner, someone may have started in the wrong wave, or something's gone a little pear-shaped (hopefully not the latter!).

Welcome to the Marysville 100 km Ultra!

Welcome to the **third edition of the Marysville 100 km Ultra**, part of the Marysville Marathon Festival 2025!

The festival celebrates recovery and community spirit since the 2009 Black Saturday bushfires. With events now spanning both Saturday and Sunday, it's only fitting that we include the *ultimate ultra challenge*, the **100 km distance**.

This event follows a **staggered start format** to have runners converge through Gallipoli Park around 7 am as the 50 km race begins. The **second 50 km** is the traditional Sunday course.

First 50 km (Overnight) Mostly Self-Supported

- Course is marked, but **maps and GPX files are essential**.
- **Carry a GPS device** and know how to use it.
- **Be self-sufficient** there are only minimal checkpoints.
- **Staged starts** based on your estimated 50 km time:
 -  8 pm – 10–12 hr runners
 -  10 pm – 8–10 hr runners 🐼
 -  12 am – 6–8 hr runners
- Start times are allocated via entry responses and RD discretion.
- Aim to reach 50 km around 7 am, but if you're early, you can continue, just note **some aid stations may not yet be open**.

Safety Requirements

- Provide **accurate details** in your entry form.
- Recommended: experience in **50 km+ events** and **night running**.
- If your timing differs significantly, you may need **support for key crossings**, especially *Lake Mountain Road* (marshal coverage until 1 pm @ 85 km).

Mandatory Gear (for first 50 km, may be updated)

-  Phone with **tracking app** (tested pre-event)
-  Battery Bank to keep phone well charged (tracker will use a bit extra)
-  Gloves + beanie
-  Seam-sealed waterproof jacket
-  1000 calories of food
-  Minimum 1 L of water
-  Compression/snake bandage
-  Headtorch with 10 hrs effective runtime
-  Spare torch + batteries
-  Reflective vest for road sections (Granton–Paradise Plains)

Runner Support on Course

Crew may assist **only at official aid stations**.

Meeting runners elsewhere is allowed **for moral support**, but **no pacing or driving beside them** (even slowly!).

Aid Stations (First 50 km)

We aim to provide **4 key aid points**, all car-accessible.
Please drive **< 40 km/h** and reduce dust near runners.

1. 12 km – Wilks Creek / Paradise Plains Rd
2. 23 km – Strickland Spur / Granton Rd
3. 32 km – Road 8 / Paradise Plains Rd
4. 41 km – Yellow Dog / Tommy's Bend Rd

Drop Bags

Due to staggered starts, please have drop bags ready by **10 pm**.

Two night-section drop bag points:

-  Aid 2 (23 km)
-  Aid 3 (32 km)

Early 50 km aid points are **unmanned**, so items are left at your own risk.
Sunday 50 km drop bags must be placed in the **drop box before your start**.

Crew Meeting Points

Safe, accessible support (no physical aid unless official aid station):

1. Steavenson Falls – 4 km (walk-in)
2. Keppel Lookout – 9 km

3. Aid 1 – 12 km 
4. Anderson Mill Rd – 16 km
5. Aid 2 – 23 km 
6. Road 8 Junction – 28 km
7. Aid 3 – 32 km 
8. Olsen Rd – 37 km
9. Aid 4 – 41 km 
10. Yellow Dog/Olsen – 44 km
11. Tree Fern Gully – 48 km
12. Aid 5 – 50 km  (Gallipoli Park)

 Sunday: supporters, please avoid accessing roads used by runners unless for emergencies. Falls Rd remains closed Sunday until 2pm. 

Emergency Response

-  Call **000 first** if it's an emergency.
- Then notify the **Race Director** with location details.
- RD: **0418 557 052** (24 hrs)
- Backup Assist RD: **0419 533 018**

Tracking App

We plan to use a live tracking app for 100km runners.
If unavailable, we'll use backup tracking via course timing boxes.
Supporters maybe able to receive a shareable tracking link (TBC). 

100 km Overview

This guide focuses on the **first 50 km**, make sure you also read the full **Marysville Marathon Festival Runners Guide** for complete details and course maps.

Cup-Free Event

Bring your **own cup, flask, or soft bottle**, aid stations will not supply cups. Let's keep our trails clean and green! 

Runner Tracking

We'll be using our tried-and-tested **tracking app** as part of our safety system.
This app runs on your smartphone and helps us (and you!) stay connected through the night. 

To make race day easier:

- **Download and install the app before the event.**
- Complete the settings and **test it** on a short walk or run.
- **Text Brett before testing** so we can confirm it's working correctly.
- On race day, you'll simply **turn it on at the start line**.

You'll have full control, start/stop tracking, visibility, etc. Just make sure it's charged and ready for action!

Separate details will be provided by the race director

Staggered / Wave Starts

To accommodate all speeds and ensure smooth trail flow, we'll start runners in **waves** between **9 pm and 1 am**.

Preferred times are shown in **bold** below.

Start Time 50 km Estimate 100 km Estimate Finish Time

9 pm	~10 hrs	~20+ hrs	After 5 pm
10 pm	~9 hrs	~18+ hrs	After 4 pm
11 pm	~8 hrs	~16+ hrs	After 3 pm
12 am	~7 hrs	~14+ hrs	After 2 pm
1 am	~6 hrs	~12+ hrs	After 1 pm

Checkpoint Closures

We'll never cut a capable runner from the event, but please note that **later aid stations** may be closed by the time you reach them.

The **Keppel Lookout** and **Steavenson Falls** checkpoints may close early, so be sure to **carry enough food and fluids** for the final 15 km stretch.

Course & Finish Line Pack Down

We respect every finisher.

While we'll begin dismantling **nonessential equipment** from around **2–3 pm Sunday**, the **finish line will remain operational** until the final runner is home.

So take your time, we'll be waiting to cheer you in!

Race Briefing

With staggered starts, we can't brief everyone in person.

So please treat this **written briefing** as your official pre-race talk, it covers everything we'd normally share 15 minutes before a traditional start.

📋 Check-In Process

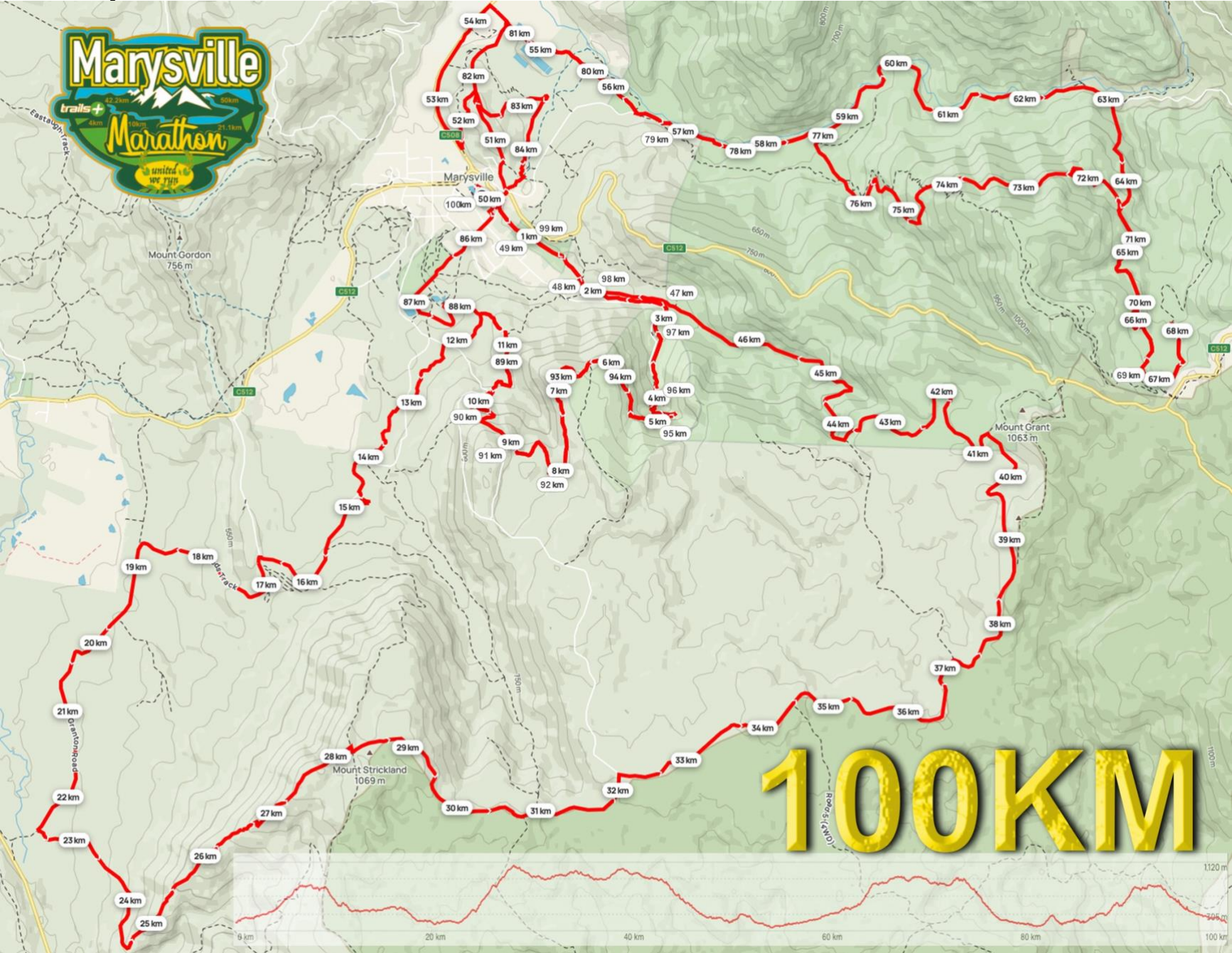
- **Early bib collection:** Saturday 2–4 pm at Gallipoli Park for those already in town.
- If you can't make it, check in at the **stadium roller door** at least **30 minutes before** your start.
- We'll confirm your **bib, tracking app**, and gear before you set off.
- Allow a little extra time, things always move slower under the stars. 🌙

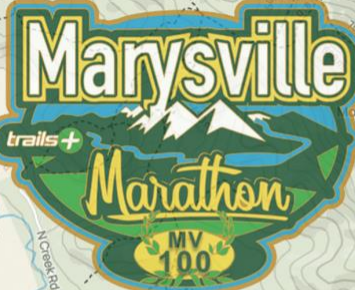
📢 Start List 2025

Below is our start list schedule, based on the information provided this is the best outcome mix and pairs runners at least for the start.

Runner		1st 50km night hrs	start time
May	Mitchell	10	9pm
Jack	Emmerson	10	9pm
Robbie	Allan	8	11pm
Jamie	Allan	8	11pm
Matt	Bugeja	8	11pm
Noah	Dalmau	8	midnight
Michael	Katoa	7	midnight
Indigo	Goozee	7	midnight
Gibson	Paxman	6	1am
James	Mathews	6	1am
Baoping	Zhang	6	1am

Course Maps





100Km

1st HALF OF 100KM EVENT

11pm-2am

5-7am

1am-3am

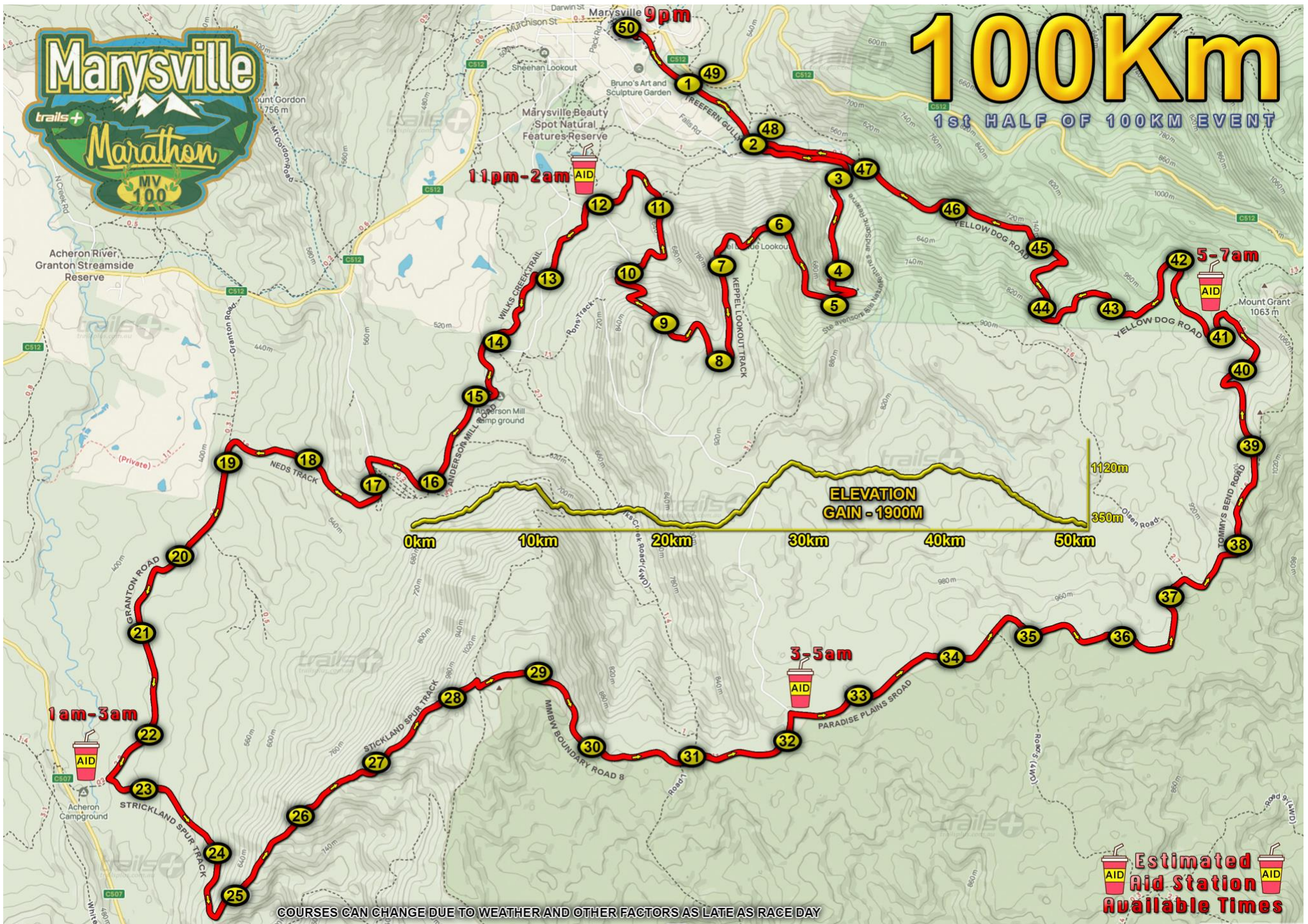
3-5am

ELEVATION
GAIN - 1900M

0km 10km 20km 30km 40km 50km

COURSES CAN CHANGE DUE TO WEATHER AND OTHER FACTORS AS LATE AS RACE DAY

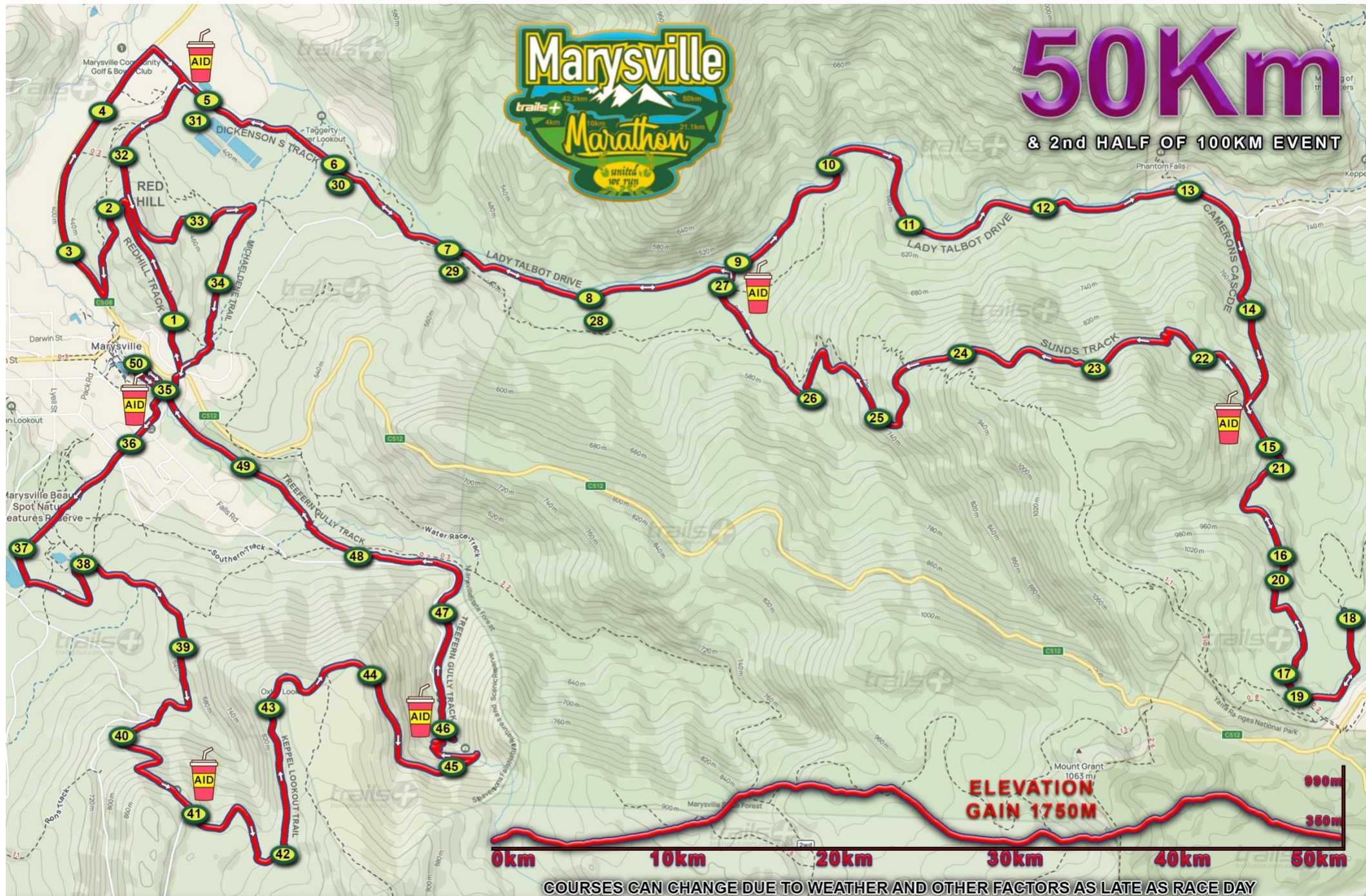
Estimated
Aid Station
Available Times





50Km

& 2nd HALF OF 100KM EVENT



Marysville 100 km, Runner Self Briefing

Welcome to the **Marysville 100 km Edition THREE**, thank you for being part of **MV2025**! We're thrilled to have you joining this adventure through the beautiful trails of Marysville.

This event is still evolving, a unique "two-in-one" format where the **first 50 km** takes place overnight and merges into the **second 50 km** on Sunday.

As we grow the event together, your feedback will help shape the future of the Marysville 100 km.

Our **number one priority is safety**, and that's a shared responsibility. Please communicate with your crew and fellow runners, and follow the trail running community ethos of **looking out for one another**. 

With staggered starts, faster runners will naturally move through the field. Ideally, you'll only catch earlier starters during **Leg 4**. This confirms you chose the correct start time. If you're overtaking earlier than expected, someone may have started in the wrong wave, or something's gone pear-shaped (hopefully not the latter!).

Below are the **Race Director's Briefing Notes**, please read carefully.

WELCOME

- **Acknowledgement of Country:** We acknowledge the **Taungurung People**, Traditional Owners of this land, and pay respects to Elders past and present.
- **CANTEEN Charity:** Thank you for supporting young people living with cancer. Through your participation, **over \$85,000** has been donated via Trailsplus and *Brett's Run for Canteen09*.
Big thanks to everyone who added extra donations during registration! 
- **Volunteers:** Over **70 volunteers** are helping make this event possible. Please show them your gratitude, they're the heart of Trailsplus events.
- **DEECA:** Thanks to the **Forest Authority Team** for maintaining trails and supporting a safer environment to run and explore.
- **Sponsors:**
Garmin • 32GI (Magnus) • TARKINE (Sam) • PETZL (Mia) • TEKSO SOCKS (Paul)
• ANDREW PEACE WINES (Andrew) • BOGONG EQUIPMENT (Neil) • RISE HEALTH GROUP (Leigh / Nikki)

RACE BIB & TIMING

- Bib must be visible on the **front of your torso**, not on your back or leg. If we can't see your number, we can't log your time.
- Timing chips will be **collected at the finish line**, please don't leave with them.



SAFETY

- **Road Crossings:** Follow marshal directions and signage.
 **No music on roads.**
If you're outside managed times, arrange an assistant to help you cross safely (possible if you're very fast or slower into the 85 km mark).
- **First Aid:**
Mobile first aiders will patrol during the first 50 km.
Contact **Brett – 0418 557 052** if you need help.
First aid will also be available at Sunday's start line.
- **Compulsory Gear:**
Check the mandatory gear list provided. Carry everything, conditions can change quickly.
- **Footwear:**
Choose based on weather. Dry = road shoes may be fine; Wet = trails can get slick.
- **Maps:**
Have the course loaded on your watch or phone and carry a printed copy if possible (GPX available online).



COURSE ETIQUETTE

- **Public Users:** Trails are open to the public, please slow down when approaching others, be polite, and avoid startling them, especially around **Steavenson Falls**.
- **Rubbish:**
Use bins at aid stations. If you see another runner's dropped wrapper, please pick it up, small acts make a big difference.
- **Toilets:**
Available at start line (Beatles Shed), Steavenson Falls car park, Anderson Mill Campground, and portaloos.
If nature calls on course, bury waste away from water sources and mark the trail so sweeps know to wait.



PRESENTATION

If you place **1st, 2nd, or 3rd**, please stay for presentations.
Even if you don't, hang around to enjoy the atmosphere and cheer other runners across the line, by the time you finish 100 km, most of the field will be done and ready to celebrate your achievement!



LOST PROPERTY

Lost gear or drop bags can be collected from Brett's place for **two weeks after the event**.
After that:

- Usable items → washed and donated to Salvos.
- Unusable items → disposed of.

DNF / WITHDRAWALS

If you withdraw:

- Notify a race official or the Race Director immediately.
- Return your **timing chip** to confirm you're safe and accounted for.

ABOUT THE COURSE & MARKINGS

- **Markers:** orange reflective arrows and ribbons, with some pink/yellow striped tags.
 - Junctions are heavily marked.
 - Long sections (Paradise Plains, Anderson Mill, Granton, Yellow Dog) have fewer markers between intersections.
- **Multiple Events:** You're part of Sunday's 50 km event too, follow 50 km signage when indicated.
- **Navigation Errors:**
If you go off course, you must correct it.
Only the **official route** counts, make-up distance elsewhere doesn't.
- In some cases we use orange arrows with black/yellow 100km stickers if needed to differentiate at junctions. If no 100km sticker on arrow, then simply follow the arrow.

ROAD SECTIONS

- **Hi-Vis Vest:** Mandatory when running on roads during the night (first 50 km).
- **No earphones** on roads, and preferably not at all; stay alert to vehicles and other runners.

FINAL SAFETY NOTE

Make smart decisions, respect the mountain, and enjoy every moment.

We want this to be remembered for all the right reasons, for the camaraderie, challenge, and beauty of Marysville.

Run well. Run safe.

See you at the finish line! 

Have fun exploring.

Don't forget to email us the results of the animal test?