



Pre Event Race Brief Information

Please take the time to read this document as it contains important information you will find necessary to have a safe and enjoyable event

This event is mostly a trail running festival with only 3km of bitumen
You require additional concentration to follow the course safely
It's a challenging course, enjoy the experience forget about PB's

WEATHER UPDATE AND COURSE CHANGES

With the weather that Victoria has been experiencing it won't come as a surprise that there are some changes for this year's 2022 Marysville Marathon Festival. We ask that if you are a regular Marysville participant that you read over the notes and don't assume things are what they used to be, and of course if you are a newbie to Marysville Marathon Festival, its still very important to read the info. In short, 4km and 10km remain the same, The 21km first 11km is different, the majority of the 42km and 50km courses are different, but you will still love them.

SUMMARY OF KEY POINTS

Saturday

2:00pm – 4:00pm	Runners Pre Registration available
Where	Gallipoli Park Falls Road Marysville enter from oval side
9:00am – 5:00pm	Event Setup, extra hands always welcome

Sunday

6:00am	Registration begins (refer Details in Document)
CarParking	All participants will be directed by SES operators and signage to the correct car parking area. (A GOLD COIN DONATION WOULD BE FANTASTIC)
Very Limited Merchandise	Available for collection at registration and during the day.
BIB NUMBER	You must wear it on your front torso, don't bend it.
TIMING CHIP	In your BIB, will be removed when issued your medal
Aid Stations	Normally well stocked, use precautions around hygiene
Weather	Weather is going to be great on the weekend, I think ☺
Cancellation	If weather turns keep an eye online for event status update Event cancellations are always possible and can be as late as on the day if conditions dictate it for safety reasons.
Electrolytes	There will be plenty for the long courses
Gels	NO, BYO
Paper Cups	NO, BYO or buy our \$5.00 reusable enviro friendly ones

Massages	YES Rise Performance Healthcare
Recovery AREA	Yes, Rise Performance and
Photos	We will have some photo opportunities
Medals	Yes every finisher gets a medal
Post Race	Coffee, BBQ, maybe one other vendor
Kids Stuff	Our regulars and replacements are not available for 2022
Certificates	No sorry we don't print certificates or do electronic ones
Pre Race Dinner	At this stage there is no formal event dinner for 2022
Trail or Road Shoe	trails will be slippery, lots of grip required to stay on feet
Results	Live via race results
Trophies	YES custom mugs
Prizes	Various sponsor Prizes when available (minimal 2022)

WELCOME TO THE 14th MARYSVILLE MARATHON FESTIVAL



What's with all the rain? Thankfully the weekend is looking perfect for running and while the regular courses have had lots of flooding and damage, we have worked hard to create some awesome new trails for you all to experience. We look forward to seeing you in Marysville on Nov 6th. I hope this update before race weekend event finds you fit and well. Time flies when there is so much to do and it always seems to multiply as the race day approaches. I'm sure this is the same for participants as it is for the race organising committee. The main purpose of this update is to provide you with some key pieces of information to ensure that the experience at the Marysville Marathon is an enjoyable, rewarding and importantly a safe one. I know some of you will receive this update and have withdrawn from the event, but thought you might like to be kept updated just the same.

I would like to take this opportunity to thank all the runners who have entered and by doing so are providing real support to the Marysville community. This year we are supporting many volunteer groups as they fundraise for their clubs. The event continues to support the emergency service agencies SES and CFA who do a vital role in the community, as well as the Foundation Murrindindi who offer support to the community.

The event would not be possible without the support of our sponsors and while we are not asking anything of them in these time we know they are there for us when things start to get moving at full pace again. Some have been generous and provided some support for the event. Thank you Garmin Australia, Teko Socks, Petzl, Andrew Peace Wines, 32Gi, Greenlands Guest House, and all 75+ fantastic volunteers

VOLUNTEERS

What can I say, without you we have no Marysville Marathon Festival.

To each and everyone who has generously put up their hand to help on the weekend, the committee and participants are most grateful. To all the runners, be sure to personally thank the aid station operators, road marshal, photographers, medal presenters or registration

person who is there to make your day a great day. The event can only continue to be on the running calendar if enough people are able to help, let's all try to ensure we have the Marysville Marathon for many years so we can come and enjoy the beautiful area and watch it regenerate to its former glory and support the community.

EXTREME WEATHER

We could be faced with three types of extreme weather that may impact the running of the event. Extreme heat, Extreme Wet or Extreme Wind

Extreme Heat, the lead up week is wet, come prepared with some gear to keep warm and dry.

Extreme Wet, not likely in 2022, but always good idea to come prepared for all seasons.

Extreme Wind, this could possibly be the main reason the event could be altered or cancelled. With many unstable trees and very wet ground the high or even moderate winds could bring them down, a decision will be made on the morning of the event if the course will be altered or the event cancelled due to extreme weather conditions, again unlikely.

Please ensure you come prepared for all weather conditions, it may be warm, so make sure you have a hat and sunscreen, but also be prepared for rain and cold wind.

Please note our risk management plan requires under certain conditions to close sections of the course, this could result in shorter loops being used to make up the distances needed.

Participant, Volunteer and spectator safety is our number one priority, though it can be a very tough decision to make and people go to a lot of effort to train and come to the event, we must consider safety first, if we are forced to cancel the event, we trust we will have your full support and understanding in the knowledge that it is for everyone's safety.

Depending on the wind strength rating the course may be altered in the following ways
This is unlikely to occur but please beware on race day that it is possible.

Extreme = Modify Course to Exclude all areas except Falls Road and Tree Fern gully

High = Modify Course to Exclude all areas beyond Anderson Mill Picnic Ground

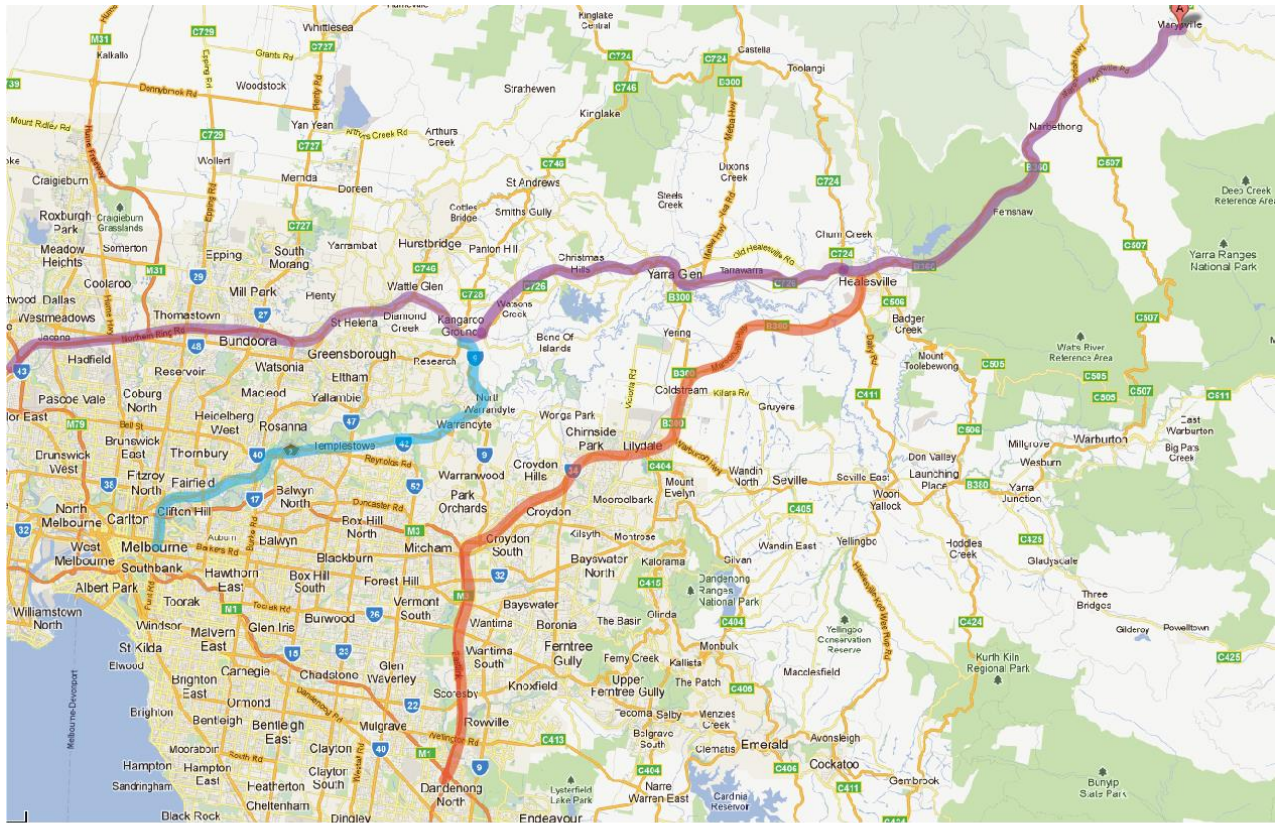
Medium = Modification of course to exclude Elevated areas above 800M

FUTURE ACCESS FOR EVENT

The ability to hold this event depends totally on how we as a running community conduct ourselves during the course of the weekend.

It is very important that we all do the right things on the roads and trails, Including, no litter, respecting the general public who may be out walking, following directions of course marshals and authorities. The event is to support the community and we hope it continues, we need your help to ensure it can.

GETTING TO THE EVENT IF YOUR NOT STAYING IN TOWN



ALL OF THE ABOVE ROUTES AVERAGE ABOUT 100 MINUTES DRIVE TIME IN GOOD TRAFFIC CONDITIONS
BE SURE TO LEAVE ENOUGH TIME TO GET THERE WITH THE EXTRA TRAFFIC AND DRIVE CAREFULLY PLEASE

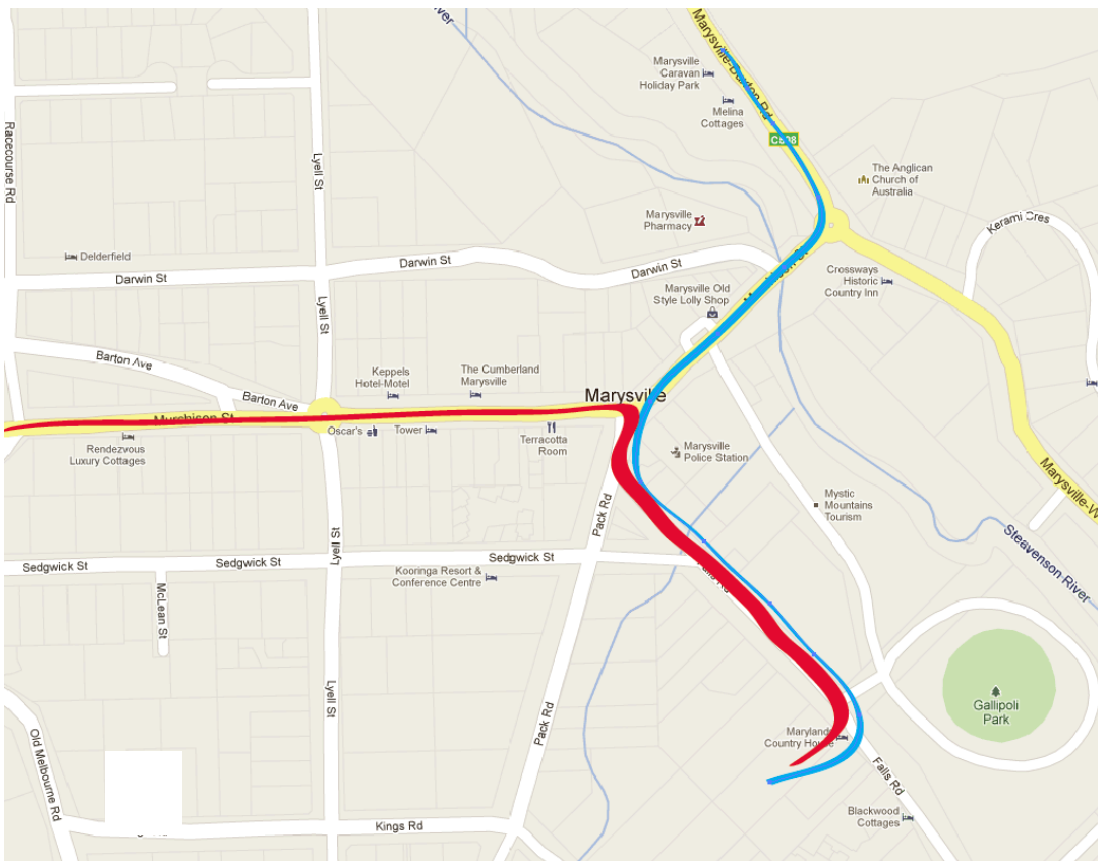


VERY IMPORTANT

Please take care on the roads getting to the event and heading home after the event. Access to Marysville for the majority of you will be via the Black Spur. This section of roads is extremely spectacular, but it can be dangerous so please drive slowly and take care, there are no overtaking opportunities so relax and enjoy the trip. Check Vicroads to ensure roads are open as tree fall can occur hear occasionally closing the Black Spur, creating an additional 1-2 hr trip.

PARKING

On your arrival into Marysville you will be directed by signs and SES marshal's as you get closer to the parking locations. Please follow the signs and marshal's instructions and do not park in the main street blocking access to the businesses. There is ample parking and you will not be blocked in. If you have a low clearance car the marshals will place you in a suitable position. **The SES have generously donated their time to help us with the event Parking. It would be great if you had a gold coin in the console if you could make a small donation when being parked**



Event Schedule

Saturday

2:00pm – 4:00pm	Race Bib Collection at Community centre on Gallipoli Park, access via the roller doors from the football oval side of the building.
10:00am onward	Full steam ahead setting up start finish area, all hands on deck very welcome, followed by a BBQ for helpers with setup of the course and finish line area
6:00pm – 8:30pm	Pre event buffet dinner – Outdoor Education Group Buxton Road (Cancelled 2022)

Sunday

6:00am	Pre arranged early starters in the 50km and Marathon event only
6:00am - 6:40am	Ultra Marathon Registration, Race Bib and merchandise collection
6:40am	Pre Race briefing
7:00am	Race Start Ultra Marathon Event
7:00am - 7:40am	Marathon Registration ONLY , Race Bib and merchandise collection
7:40am	Pre Race briefing
8:00am	Race Start Marathon Event
7:45am - 8:40am	½ Marathon Registration ONLY , Race Bib and merchandise collection
8:40am	½ Marathon Pre Race briefing
9:00am	Race Start ½ Marathon Event
8:45am - 9:40am	10km Registration ONLY , Race Bib and merchandise collection
9:40am	Pre Race briefing
10:00am	Race Start 10km Event
10:00am	Music and Entertainment (TBA)
9:30am – 10:40am	4km Registration ONLY and race bag collection
10:45am	Pre Race briefing
11:00am	Race Start 4km Event
12:00pm – 1:00pm	Approximate time, pending results Official Event Presentations music Presentation of Trophies
13:00pm – 14:00pm	More Entertainment: TBA if available
10:00am – 3:00pm	Kids activities includes: TBA if available
3:00pm	Marysville Marathon Festival Closed. We look forward to seeing you all at next years event

PRESENTATION PROCESS

Sunday

12:00pm	Welcome message and acknowledgements from Race Patron Dr Lachlan Fraser (if finished running the marathon) ½ Marathon Event Awarding trophies to 1 st 2 nd & 3 rd Place Male and Female 10 Km Event Awarding trophies to 1 st 2 nd & 3 rd Place Male and Female 4km Event Awarding trophies to 1 st 2 nd & 3 rd Place Male and Female
13:00pm	Marathon Event Awarding trophies to 1 st 2 nd & 3 rd Place Male and Female Random Prize Draws 50km Ultra Marathon Event Awarding trophies to 1 st 2 nd & 3 rd Place Male and Female

CHANGE OF EVENT

Please note that if you wish to change events, either upgrade or downgrade you should arrive at least 1hr before your desired event is due to start to make the changes. Upgrading requires the difference in \$amount from the original event to new event fee. If downgrading, there is a \$20 fee. Please note that under no circumstances can an entry be given to another runner who has not gone through the proper registration process and provided full personal details and signed waivers, ID checks maybe carried out. This is a real safety concern and permit/insurance requirement, please comply.

REGISTRATION PROCEDURE

To try to keep a steady flow of registrations we ask that you don't register for your event until the scheduled time to ensure those in the events that start before you can make the start line on time.

There will be several lines to register in the stadium so generally it flows very well.

Once you register, you will be given a race number and if you ordered a shirt you will be given a slip to take to the merchandise area to collect your shirt.

GEAR BAGS

You can leave your personal belongings in the Hall or nominated marquee , but please ensure there are no valuables, we do not except responsibility for lost or stolen items so please leave locked safely in your car. If you are just dropping a jacket or small items there is plenty of space in the hall and an area will be set aside.

RUNNERS PERSONAL FOOD DROPS

We will provide limited food / drink drops to the **Marathon and Ultra Marathon** tables, located at, these aid stations **Yellow Dog, Galipolli Park, Anderson Mill, Wilks Creek & Keppel Lookout** stations

Please ensure you place your items in the boxes provided well before the race starts as the boxes will leave with the aid station crews. This is an optional courtesy and not a guarantee of delivery. Any left over items in drop boxes must be collected before leaving as no items will be returned or stored for you. Delivery of items depends on volunteers and timing, we can't always guarantee items will arrive before you do.

LOST / LEFT PROPERTY

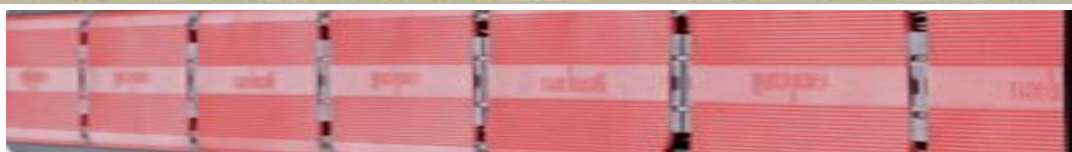
Items of clothing or other equipment left behind will be held for a period of two weeks, if not claimed the items will be disposed of as appropriate. To receive your items you must make arrangements to collect, this can be by coming to the location they are stored or sending a pre paid post bag for us to return them to you.

TOILETS

Toilets will be available at the start finish area. These consist of the brick toilet block and a portaloos. There are also several toilet options on your way to Marysville, in the centre of Healesville at the main set of lights there is a public toilet block on your left, on your way over the mountain you can access some at Fernshaws reserve and then on the top of the mountain at Dom Dom Saddle Picnic ground. In Marysville there is a toilet block beside the river near the caravan park and the bakery also has a toilet. The information centre has a toilet block and there is a toilet block at Steavenson Falls, and Anderson Mill Camp Ground.

EVENT TIMING

This year we are using our trailsplus Race Results timing system, this will provide live results instantly, check the website for the live link on the home page. You will have two electronic chips inserted in the back of your race bib. (**PLEASE DON'T BEND OR DAMAGE THEM**) Camera's will be recording the finish line. You **MUST** wear your race number on the front of you and must be visible as you approach and cross the finish line. If your number is not visible you risk having your finish time missed. No timing system is infallible; live results will be available by the time you collect your medal. If your time is missed please email us and we will be able to check the back up systems to ensure your time is recorded as a finisher, please provide us an approximate time to help us search for you.



Note: a rubber timing mat will be on the ground to record your finish time, don't trip over it.

OFFICIALS WILL GIVE YOU YOUR MEDAL AND REMOVE THE TIMING CHIPS

Notes on the Start finish area

Do not approach timing officials after the event to receive your time; results are available live via your smart phone.

RACE BIBS

All runners will receive a race bib as per below, it must be pinned to your front and be visible at all times; failure to have it visible may result in your time not being recorded.

Attached to the back of your bib is a timing chip that will be collected at the end of the race.

Yellow 4km Blue 10km Green 21km Red 42km Purple 50km

PLEASE ENSURE YOU HAVE YOUR TIMING CHIP COLLECTED AT THE END OF THE RACE UNACCOUNTED TIMING CHIPS MAY INCUR A FEE IF NOT RETURNED. WE WILL HAVE PEOPLE AT THE FINISH LINE TO COLLECT THE TIMING CHIPS



IMPORTANT TIMING CHIP RETURN

**Please ensure your timing chips
are returned as soon as you are finished**

**A VOLUNTEER WILL REMOVE THE
TIMING CHIP PRIOR TO HANDING YOU
YOUR RACE MEDAL**



COURSE MARKERS

All courses have colour coded markers and Marshalls in several locations, see sample signage



Other signs and course marking Ribbons may appear on the course to direct you through a trail intersection that may offer options, please follow the arrows and ribbons, if a sign with a red “X” on it is placed on the course, it means don’t go this way. There will be white flour on the ground showing directions also



Some sections maybe marked with pink and yellow ribbon to guide you along the trail also

RESPECT OTHER PARK USERS

Do not startle other park users by charging up behind them, let them know you are coming and would like to pass, slow down when passing and when approaching from the opposite.

EMERGENCY CONTACT NUMBERS

Race Director Brett Saxon – 0418557052 **PUT IT IN YOUR PHONE NOW**

Police, Ambulance, Fire 000. 112 from Mobile

ENVIRONMENT

Do Not Leave any sign of rubbish behind, it is very important that we don't drop rubbish or let rubbish get away from us at the aid stations. In particular our Gel packets please don't drop them on the trail carry them with you to an aid station and drop in the bin provided. It may be windy, please try to keep aid station areas free from rubbish by using the bins, if you do find a gel pack or rubbish on the trail that may have accidentally been dropped by a participant, please collect it and dispose of at the next aid station.

NO PAPER CUPS – ENVIROMENTALLY FRIENDLY EVENT

Our reusable cups are designed to be easily carried and stored and not just for running events but camping, picnics or even at home, Grab 1 or grab a set of 4, \$5.00each.



CUT OFF TIMES

For the 2022 new course, CutOff times have been changed. In the interest of runners' safety and course marshals we have decided that the following time limits apply for these events. Early starts can be requested, you will need to check and confirm your own finish time for the records though in case this has been missed.

times are approx. and assessed on each individual circumstance, guide below

½ Marathon Start	09:00	there is no cut off
Marathon Start	08:00	Cut Off at 32km = Lookout = 2:00pm, or 6hrs
Ultra Start	07:00	Cut Off at 40km = Lookout =1:00pm, 7hrs for 40km

Our Overall Desire is to see all runners finished by 4PM, we try to accommodate slower runners, but it is important they respect the teams decisions if their race is cut short and this decision can be made at any time on course if deemed required.

Early starts can be requested for 6am, but must be done via email and is only available to people who genuinely are concerned about the time, early starters cannot podium or receive prizes, this option is available to provide and ensure all those who want to try the course can be included. Early starters also need to be self-sufficient early, as some aid stations will not be set up. (Most likely Aid1&2)

SAFETY

It is requirement of entry to the event that you assist any runner in need of help, if you come across an injured or distressed runner please offer assistance or get assistance for them. Runner's health and Safety is a number one priority.

MUSIC

As runners will be travelling along roads that are still open to traffic music **MUST** not be worn, also experience tells us that runners who go the wrong way do so because they have not heard instructions from course marshals. Please no iPods, enjoy the fantastic sounds the forest produces naturally or chat to a fellow runner.

EMERGENCY CONTACT NUMBERS

Race Director Brett Saxon – 0418557052

Police, Ambulance, Fire 000. 112 from Mobile

MANDATORY GEAR – you should have it regardless

We don't set mandatory gear as aid stations are located very close and are accessible, however we do require that you carry suitable clothing for worst case scenario, a phone and compression bandage is recommended, and a map should be considered, if any doubts.

SNAKES

With all the rain washing snakes out of their hidy holes and warmer weather forecast, its highly likely snakes will be out and about. Please keep an eye out. If you are unfortunately bitten don't move, keeping still is the most important thing you can do. Wait for help to arrive or call for help while remain still and calm.

NO TRANSFERING OF RUNNERS “to mates” – we are checking

We can't stress enough that it is not permissible for a runner to transfer their race bib to another runner. This is very much against the events rules, insurance, safety, risk management policies. A runner must complete all waivers and entry information before participating in the event. Recent years a runner ran as another person and caused many issues and concerns.

CHECK POINTS / AID STATIONS

There will be several manned aid stations on the course, we are providing a gourmet selection of items for you at some of the locations, **PLEASE** consider healthy handling of food, just select the item you want and not dive you hand into the bowl of jelly beans, snakes etc there's plenty of water, Electrolyte at selected aid stations. Better still wait to be served by the volunteers.

FINISHERS MEDALS & TROPHIES & PRIZES

All participants that complete the full and correct course will receive a finisher's medal.

Please note due to shipping and delivery related delays there is a chance our medals and some shirts may not all arrive in time for race day, in the event medals are not available on race day they will be posted as soon as they are available

The top three place getters in each event will also receive trophies.

We have had great sponsors over the years and we are slowly re engaging with them as events start back up, minimal prizes are available for 2021



There are two designs available both represent the 2022 event by their Ribbon

AGE LIMIT CONSIDERATIONS

Please note that age limits to events do apply, this is generally based around a marathon distance and above being at least 18 YO. For the Half Marathon it is generally considered to be 16YO, parent approval and signed waivers will be considered under exceptional circumstances.

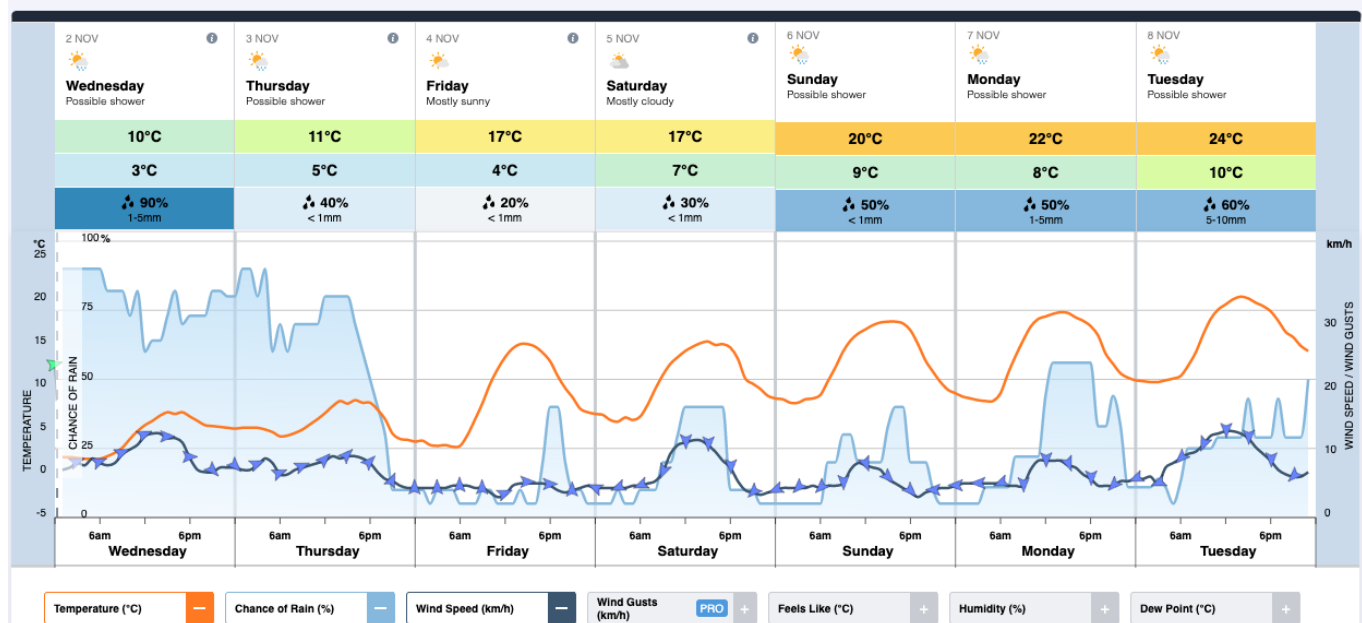
PHOTOGRAPHY

We always try to provide volunteer photographers, some years we have plenty sometimes we have at least one at the finish line, Photos will be available to purchase mid week post event.

CURRENT WEATHER

We think its going to be a little slippery and a lot of fun for running. The forest will be damp and your senses will be in overdrive😊

Marysville 7 Day Forecast



COURSE AND AREA MAPS

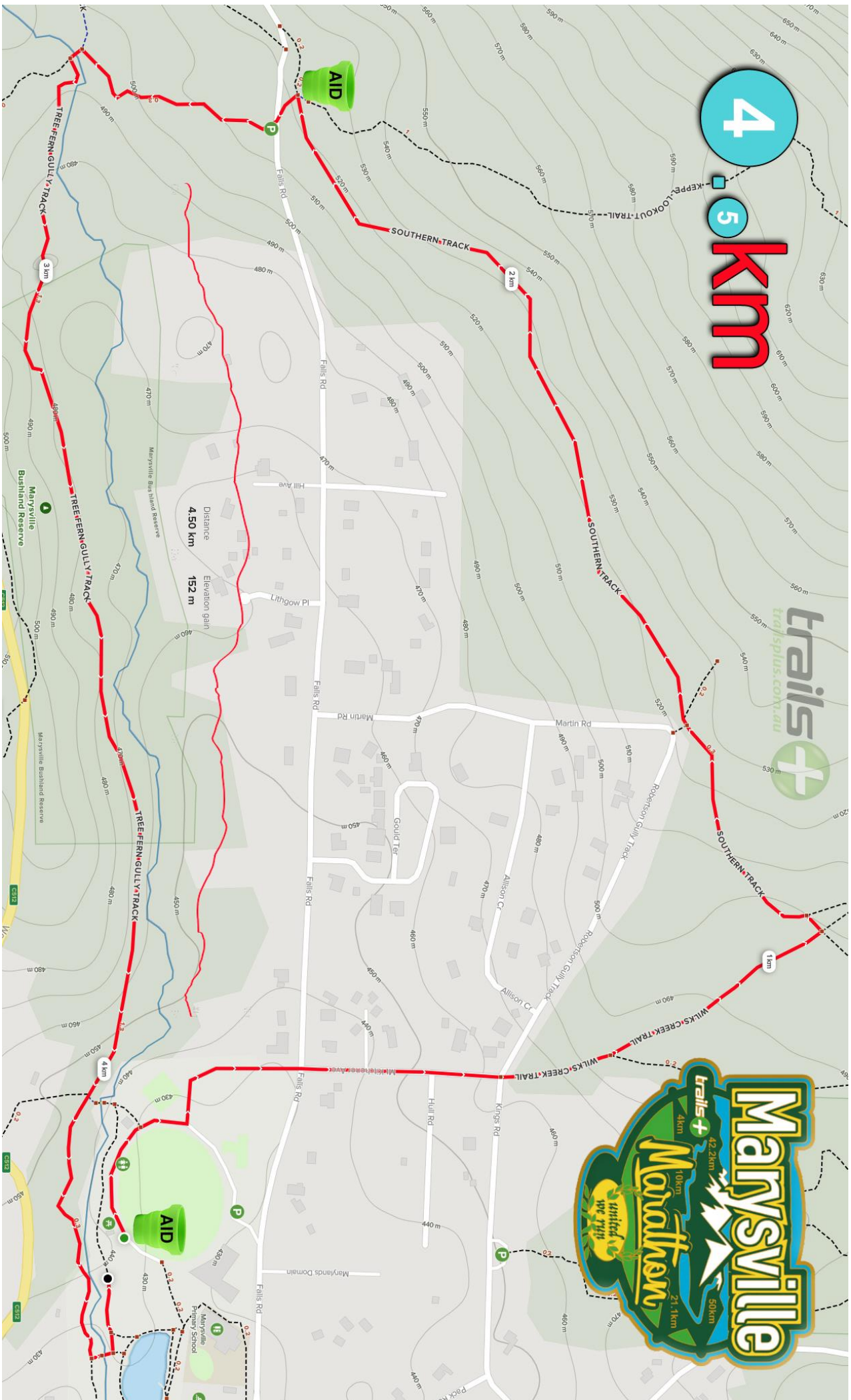
Attached are a set of maps that will help you navigate your way to Marysville, around the town and on the course, please ensure you following the directions of the parking officers and obey all road laws, please only park where directed and do not park in main street car parks that will affect the operation of the local businesses. `

BYO MAP PLEASE PRINT YOUR RELAVENT MAP HI RES MAPS available from website

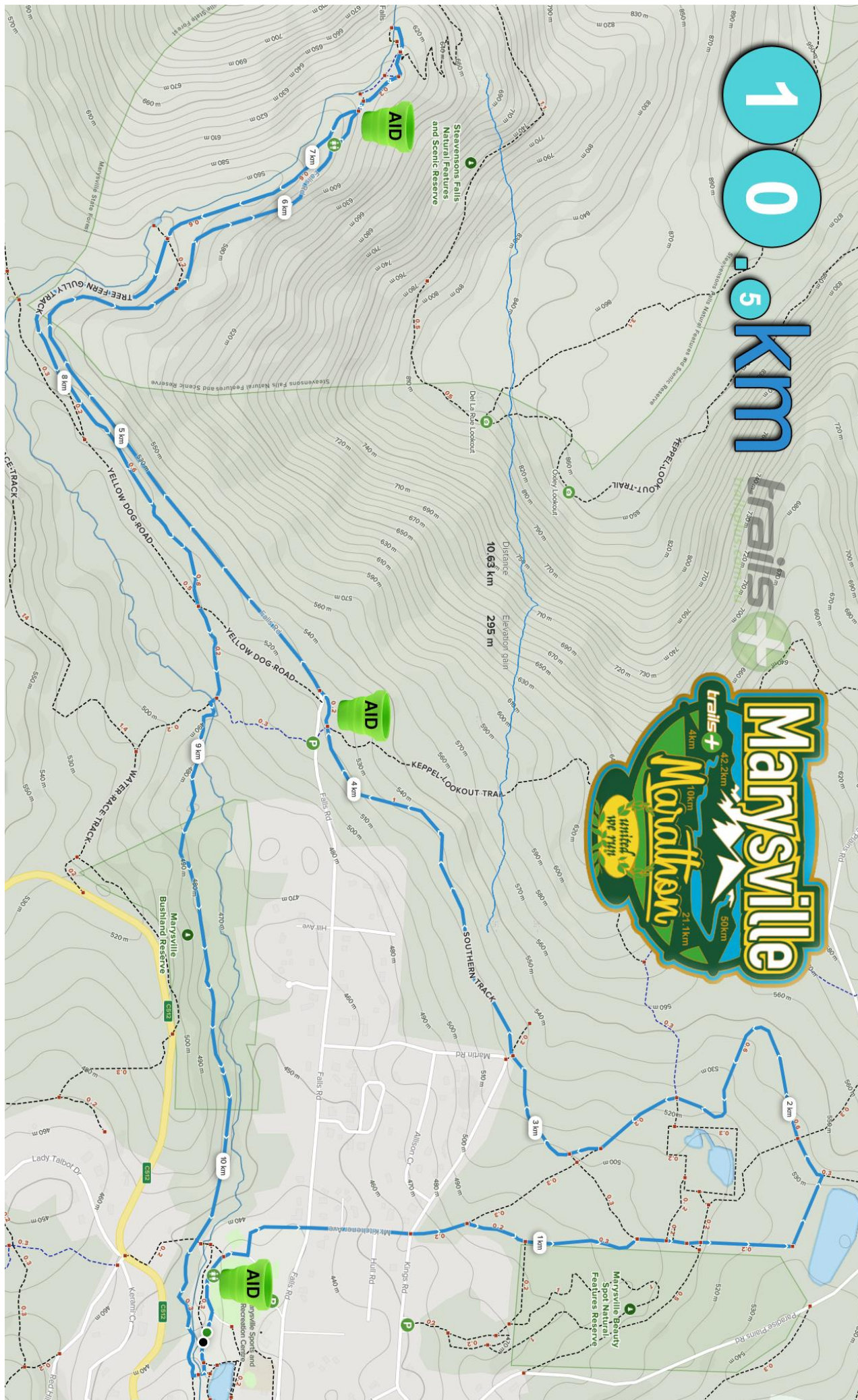
Please print out your race map to carry if you have any doubts about following the course

MAPS FOR VIEWING ONLY WILL BE AVAILABLE AT REGISTRATION

YOU SHOULD PRINT YOUR OWN TO CARRY WITH YOU particularly 42km and 50km events.



100.5 km



21.1km

trails+
inspired by nature



Distance
21.52 km

Elevation gain
724 m

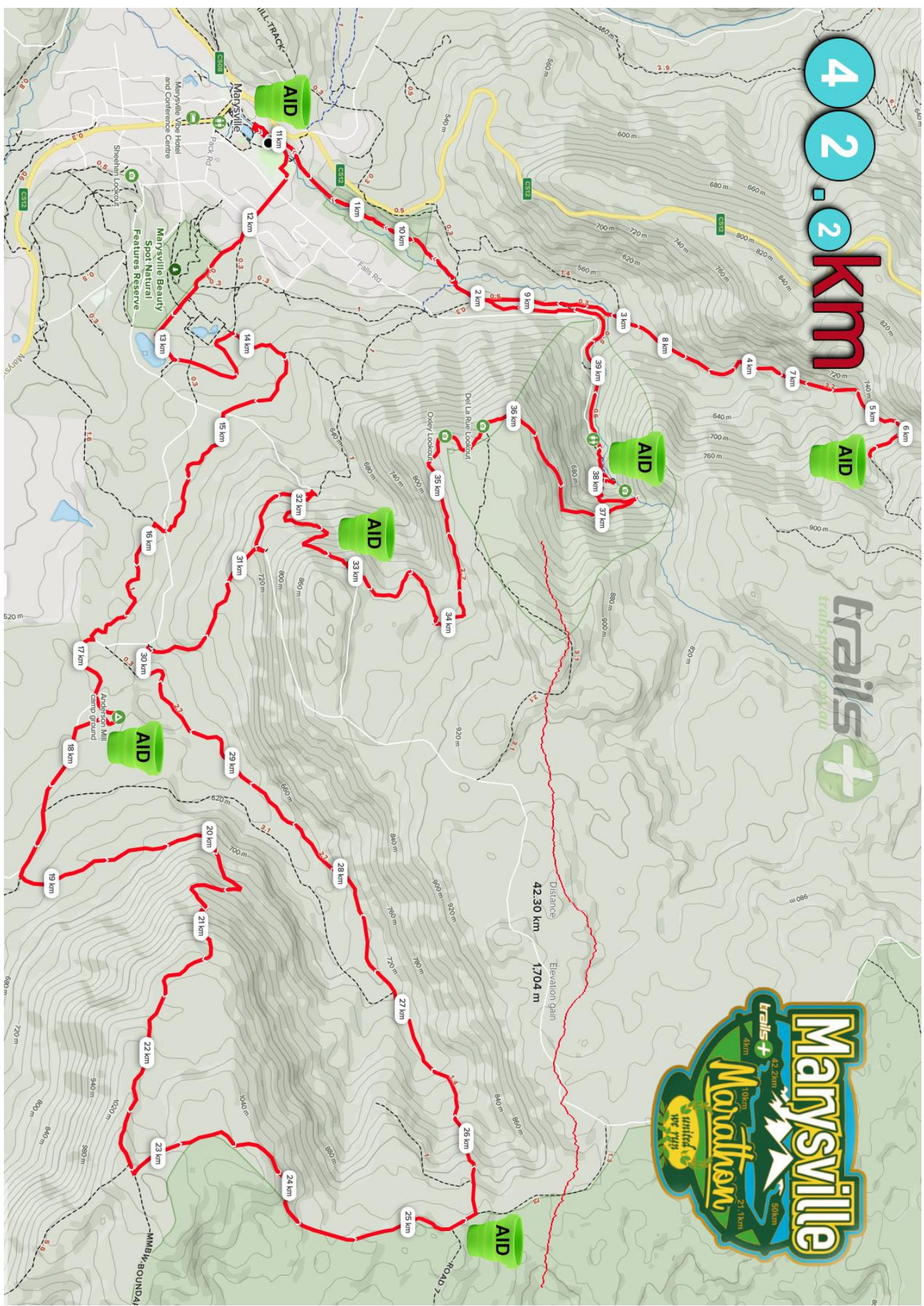


42.2 km



Distance
42.30 km

Elevation gain
1,704 m



50 km

trails+

